



Saturday mornings on the courts @ FT are the place to be this summer!

Check out this schedule of adult tennis drills that begin on Saturday, June 5th. Our new teaching pro, Chris Sanford, USPTA, looks forward to providing instruction, exercise and fun for you!

Women's Clinic	9:00 - 10:00
Cardio Tennis	10:00 - 11:00
Men's Clinic	11:00 - noon

Cardio Tennis is a fun group activity featuring drills to give players of all abilities an ultimate high energy workout. If you are looking for a new way to get into shape and burn calories, you must try Cardio Tennis! Sign up in advance by Thursday evening on the bulletin board in the clubhouse so we can guarantee correct number of instructors. Cost is \$10/week for members and \$13/week for nonmembers. Payment is due **BEFORE** you take the court.

Men's and Women's Clinics are hour long sessions that work on strategy and drills to help improve your game. Sign up in advance by Thursday evening on the bulletin board in clubhouse so we can guarantee correct number of instructors. Cost is \$12/week for members and \$15/week for nonmembers. Payment is due **BEFORE** you take the court.

**** NOTE:** Contact Chris at 419-276-5407 to schedule private, semi-private or group lessons (Discounts will be offered for team practices).

**** NOTE:** A minimum of 3 players must be signed up by Thursday evening.

**** NOTE:** If you did not sign up by Thursday evening, there is no guarantee that there will be a spot available for you on Saturday.

Please refer any questions to Alisa Smith at tennis@ftfrc.com or at 419-376-1466.